



Getting Started with Golf This Fall-Winter: A Guide

Come to the golf course

On the golf course, you will find the necessary information to start your journey. Additionally, you will experience the ambiance of the course and the beautiful landscapes that you will soon be enjoying.



You don't need to have your own equipment to start. You can rent it, and during the lessons, the instructors will lend you clubs.

La SELLA GOLF

You don't need to be a member to start, but once you're a golfer, choose a good course with a good club.



Inquire about golf balls, don't buy refurbished ones.



friends

Start with a Friend, you will have more Fun



Take lessons with a PGA professional



Start on a good note: talk to a PGA professional; they will advise you on everything you need to know to begin or improve your game and create a progress plan for you. Your neighbour may have good intentions, but they are not a golf professional. 'What you can discover in 6 months, a pro can explain in 5 minutes.' - Harvey Pennick

Practice what your instructor recommends; it's the way to improve in the short, medium, and long term. **'NO WORK NO GAIN.'**

Part of the speed of your learning will depend on your individual practice in addition to the lessons.



Golf shoes help you maintain good grip on the grass



Golf is ideal for the whole family

"Golf" Vocabulary

Golf has its specific vocabulary. Don't be intimidated right from the start; you'll soon become familiar with key terms like ball, hole, tee, driver, sand wedge, putter, par, bogey, birdie, handicap, bunker, putting green, etc.

Invest in a good putter, it's the club you'll use the most, and even if you change your irons, you can keep the putter.

Beginnings are not easy; perseverance and patience will be necessary



Ask other players about recommended instructors. It can make a big difference in your progress



You'll be outdoors, enjoy the sunshine